

## ABSTRACT

PRATIWI, PATRICIA NADIA RAHMA. (2018). **Personality Disorder of Amy Dunne in *Gone Girl* by Gillian Flynn**. Yogyakarta: Department of English Letters, Faculty of Letters, Universitas Sanata Dharma.

Society or environment can influence how we behave and sometimes it can show people's personality. People's personality can be various, it can be good or bad. If someone starts to disturb others, we can start to be aware that it is not normal and refers to personality disorder. This study discusses the characteristics of the main character named Amy Dunne and the most prominent trigger of her personality disorder.

There are two objectives of the study. The first objective is to observe the characteristics of Amy Dunne that show personality disorder. Then the second objective is to find the most prominent trigger of Amy Dunne's personality disorder.

Library research is applied in order to find reliable theories in this study. There are two sources that are used to finish the study. The first is *Gone Girl* by Gillian Flynn and the second is theoretical books, articles, and journals. To analyze the characteristics and the most prominent trigger of Amy's personality disorder, this study employed psychological approach.

From this study, it is found that Amy Dunne shows some symptoms that refer to personality disorder. Personality disorder itself has ten types, and Amy shows three types which are antisocial personality disorder, narcissistic personality disorder, and borderline personality disorder. Those three types belong to cluster B and have similar symptoms. Amy shows some symptoms which are she tends to be self-centered, tends to be impulsive, manipulate, violate the law, and attempt suicide. Personality disorder can be caused by some triggers, environment and genetics. In this case, Amy's environment has a big role to shape her personality. Amy's personality disorder is triggered by some causes. The first trigger is from her parents who write a children book *Amazing Amy* as the perfect child so it shaped her as a perfectionist and it triggers her narcissistic personality disorder. The second is her friend in high school, she is being rejected by a boy. The third is her best friend and Amy gets jealous with her best friend. The last is her husband, Amy finds that her husband is cheating on her and that is when Amy's personality disorder starts to reveal. She starts to arrange revenge to her husband. From there, her characteristics are shown. And from all of those triggers, the most prominent trigger of Amy's personality disorder is Amy's husband.

*Keywords:* personality disorder, characteristic, trigger

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Masyarakat atau lingkungan dapat memengaruhi perilaku kita dan kadang dapat memperlihatkan kepribadian seseorang. Kepribadian orang dapat bervariasi; bisa baik atau buruk. Jika seseorang mulai menjadi keterlaluan, kita bisa mulai menyadari bahwa itu tidak normal dan merujuk pada gangguan kepribadian. Skripsi ini membahas karakteristik karakter utama bernama Amy Dunne dan pemicu gangguan kepribadiannya yang paling menonjol.

Dalam skripsi ini terdapat dua tujuan. Tujuan pertama adalah mengamati karakteristik Amy Dunne yang menunjukkan gangguan kepribadian. Dan kemudian tujuan kedua adalah menemukan pemicu gangguan kepribadian Amy Dunne yang paling menonjol.

Studi pustaka digunakan dalam mencari teori-teori terkait dalam skripsi ini. terdapat dua sumber yang digunakan dalam menyelesaikan skripsi ini. Yang pertama adalah novel berjudul *Gone Girl* karya Gillian Flynn dan kedua adalah buku teori, artikel, dan jurnal. Untuk menganalisis karakteristik dan pemicu gangguan kepribadian Amy yang paling menonjol, penelitian ini menggunakan pendekatan psikologis.

Dari penelitian ini, ditemukan bahwa Amy Dunne menunjukkan beberapa gejala yang merujuk pada gangguan kepribadian. Gangguan kepribadian itu sendiri terdapat sepuluh jenis, dan Amy menunjukkan tiga jenis diantaranya yaitu gangguan kepribadian antisosial, gangguan kepribadian narsis, dan gangguan kepribadian ambang batas. Ketiga jenis itu termasuk ke dalam kelompok B dan memiliki gejala yang sama. Amy menunjukkan beberapa gejala yaitu ia ingin menjadi pusat perhatian, cenderung menjadi impulsif, melanggar hukum, dan melakukan bunuh diri. Gangguan kepribadian Amy dipicu oleh beberapa penyebab yaitu lingkungan sekitar atau keturunan. Dalam masalah ini, lingkungan Amy mempunyai peran besar dalam membentuk karakternya. Gangguan kepribadian pada Amy dipicu oleh beberapa penyebab. Pemicunya adalah orang tuanya, teman lelakinya di sekolah menengah, sahabatnya dan suaminya. ada satu pemicu yang paling menonjol yaitu suami Amy. Amy menemukan bahwa suaminya berselingkuh dan itu adalah saat di mana gangguan kepribadiannya mulai terungkap.

*Kata kunci* : gangguan kepribadian, sifat, pemicu